

SAM Elimu Foundation

Quarterly Report

Q2 2024



IMPACT

SAM Elimu is supporting 174 children directly.

The LEWA Education program is working with 20 children funded by SAM Elimu.

SAM Elimu by the Numbers

Level	Students
Primary	9
High School	64
Tertiary	101
Total	174
Alumni	194
LEWA	20
TOTAL	388

The SAM Elimu Family

The primary and high school students completed half of the second term, while the tertiary students were either in school, on attachment, or on break. Faith and her team conducted numerous school



visits to assess student performance and progress. Our high school students are working hard to achieve their academic goals. We received their first term school reports and analyzed them in our accountability groups. The SAM Elimu staff continues to mentor and monitor the students' progress to offer support in areas that are challenging.

Induction of New Tertiary Students



We conducted an intensive induction session for 31 new college students where we stressed SAM Elimu's values and our expectations for both students and

parents. The students also received training on how to use Microsoft Office, including Word and Excel, and how to write reports and emails. We discussed Zoom etiquette, as most SAM Elimu meetings are held virtually. Additionally, the inductees participated in a Tubonge session, which focused on various issues encountered by freshmen and how to handle them. Older SAM Elimu students served as mentors to the new cohort, offering advice and guidance on SAM Elimu as well as how to navigate college life.



Training Sessions

Form Four Training

We held a two-day career session for the form four (seniors) high school students. A representative from the Kenya Universities and Colleges Central Placement Service (KUCCPS) presented the students' career choices based on their grades, including subject requirements and national exam scores for each career. The career discussion was a reality check for the seniors as it impressed upon them the importance of the final national exam in November.



The students also met professionals from various fields who explained the opportunities available in different careers including engineers, lawyers, doctors, social scientists and computer specialists. They discussed the challenges of acquiring jobs and how best to fit into the job market.

Staff First-Aid Training



The SAM Elimu staff took a First Aid class from Avenue Hospital. The training included how to handle cuts, burns, and choking incidents as well as how to assist someone who faints or collapses, and how to respond to seizures or allergic reactions. It was a very

instructive session, and all staff members are knowledgeable about what to do if someone requires first aid.

Contact Us

Office Address

1001 Chestnut Street
Suite 101
Philadelphia, PA 19107

Email Address

info@samelimucharity.org

Visit us at samelimucharity.org as we share more insights, accomplishments, and interactions with the children.

Follow us!



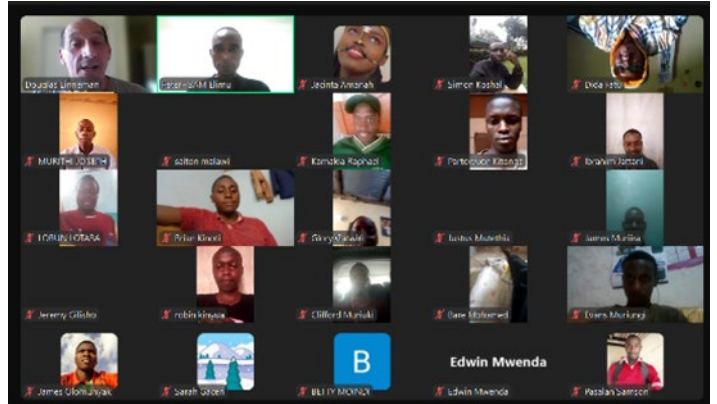
Connecting with Our Tertiary Students

Monthly Zoom Conversations

There were two Zoom conversations in the second quarter. Doug Linneman led a session that emphasized effective communication skills such as overcoming stage fright, structuring a speech, engaging the audience, using visual aids, and the significance of body language and voice modulation. Participants gained practical skills to enhance their public speaking abilities.

Dr. Peter Linneman conducted the second Zoom conversation with guest speaker Dr. Rick Summers.

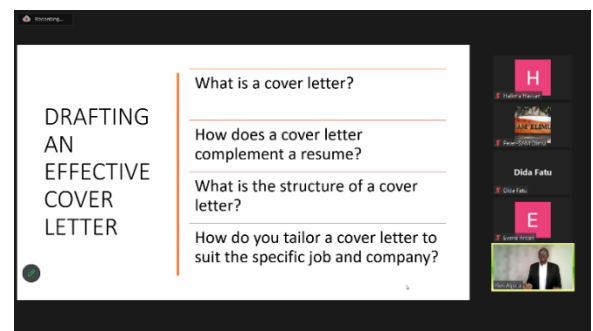
They addressed mental health specifically recognizing signs of stress and anxiety, strategies for maintaining mental well-being, the importance of seeking help when needed, and ways to support others facing mental health challenges. Participants found the session enlightening, gaining valuable insights and practical tips to manage and improve their mental health.



Winning Wednesdays

The Winning Wednesday's sessions covered career-related topics preparing our students for the job market.

- 🦁 *CV and Interviews (6 sessions)*: The students received extensive guidance on creating effective resumes and preparing for job interviews, focusing on highlighting relevant skills and experiences.
- 🦁 *Cover Letter*: The session provided insights into crafting compelling cover letters tailored to specific job applications, emphasizing personal strengths and career goals.
- 🦁 *Job Searching*: Discussed practical strategies and tools for conducting an effective job search, including leveraging online platforms, networking effectively, and maintaining organization throughout the process.
- 🦁 *LinkedIn - Basic & Optimization*: The students learned how to set up and maximize their LinkedIn profiles to enhance professional networking and visibility in the job market.
- 🦁 *Professional Etiquette*: Explored essential workplace behaviors, including effective communication, workplace ethics, and appropriate interpersonal interactions.
- 🦁 *Personal Branding*: This session focused on defining and promoting one's unique professional identity, aligning personal values and strengths with career aspirations.
- 🦁 We also held Ladies' Talk I & II and Men's Conference I & II, where issues revolving around both genders were discussed in detail.



Student Testimonials

GLORY GATWIRI

SAM Elimu held a two-day induction with the first-year students, where I had the opportunity to be a mentor. This experience was particularly memorable because SAM Elimu believed in me and entrusted me with the responsibility to share my experiences and guide my



younger peers. Mentorship is not just about imparting knowledge; it's about fostering growth and inspiring others to reach their potential. Through mentorship, I've learned the importance of patience, empathy, and effective communication. It's fulfilling to witness the positive impact and growth it has on students. Mentorship with SAM Elimu has also enriched my skills and deepened my understanding of leadership and support. It's a rewarding journey that continues to shape both my personal and professional development.

SAM KURARU

SAM Elimu has significantly impacted me. As I navigate the job market, I am confident that I will be able to succeed because of the lessons learned through the SAM Elimu enrichment program. Besides creating a good CV, I have learned the importance of communication, financial management, and entrepreneurship. SAM Elimu



also taught me the importance of personal branding and being committed and productive in whatever you do. The best part of the SAM Elimu meetings has been gaining the confidence to stand up and speak up for myself, which has been crucial in advancing my career. This newfound confidence has enabled me to assertively express my ideas and advocate for my professional growth.

ZAKINA MUTHONI

My experience at Ngiri House in Lewa has been amazing. I am grateful to SAM Elimu for organizing meetings that are relevant in our day-to-day lives and situations. Seeing my growth from being shy to confident is a key factor in my self-development. I



have been able to confidently serve guests, engage with them, and share experiences with my peers. I believe in myself, which has played a key role as I perform my duties and accept new challenges in preparing different cuisines. The skills and knowledge I've gained have also improved my problem-solving abilities and teamwork skills, making me a more effective and adaptable professional. I look forward to more sessions and to practice what I learn every day.

GODFREY MUTUMA

SAM Elimu's Winning Wednesdays sessions helped me significantly during my first interview. The interview questions we tackled and revisited helped me gain confidence, respond proudly to questions, dress appropriately, and



maintain proper posture. This preparation enabled me to perform well in an in-person interview where similar questions were asked, and expectations were met. The CV sessions taught me what was essential in a CV and how to use Canvas to develop a professional CV. The SAM Elimu career-oriented sessions taught me to communicate effectively with my colleagues, reinforcing my performance and enhancing my growth.